

Why do you still feel fat after losing weight? Why do you duck your head when you drive into an underground parking garage? Why are your kids so enthralled by video games? The answers to these questions can be found in a new understanding of how your brain interacts with your body, the space around your body, and the social world. Every point on your body, each internal organ, and every point in space out to the end of your fingertips is mapped inside your brain. Your ability to sense, move, and act in the physical world arises from a rich network of flexible body maps distributed throughout your brain. The science of body maps has far-reaching applications. It can help people lose weight, improve their ability to play a sport, or assist recovery from stroke. It points the way to new treatments for anorexia and phantom limbs. It helps explain out-of-body experiences, auras, placebos, and healing touch. It provides a new way to understand human emotions from love to hate, lust to disgust, pride to humiliation. With scientific discoveries from every corner of the globe, Sandra and Matthew Blakeslee have written a compelling narrative that is positively mind-bending and that will appeal to readers of Sharon Begley's *Train Your Mind, Change Your Brain*.

*Catching Cassidy (Harborside Nights, Book One) New Adult Romance (Volume 1), Powerful Awakening [L.U.S.T. 2] (Siren Publishing Menage Everlasting), Kinked (Elder Races Book 6), The Accidental Mother, Just One Night, Vol. 3, Shattered Heart (Z series Book 2), Hearts of Glass: A Hollywood Romance (The Glass Trilogy Book 3), Kilmeny of the Orchard,*

The Body Has a Mind of Its Own: How Body Maps in Your Brain Help You Do (Almost) Everything Better by Sandra Blakeslee (2008-09-09) on . - 9 secWatch The Body Has a Mind of Its Own: How Body Maps in Your Brain Help You Do Your brain and body use maps to translate incoming sensory signals The Body Has a Mind of Its Own, which explains body maps and their role in How Body Maps in Your Brain Help You Do (Almost) Everything Better.3 quotes from The Body Has a Mind of Its Own: How Body Maps in Your Brain Help You Do (Almost) Everything Better: The illusion of the self isnt that thThe Body Has a Mind of Its Own: How Body Maps in Your Brain Help You Do (Almost) Everything Better by Blakeslee, Sandra, Blakeslee, Matthew (2008) - Buy The Body Has a Mind of Its Own: How Body Maps in Your Brain Help You Do (almost) Everything Better book online at best prices in India on The Body Has a Mind of Its Own: How Body Maps in Your Brain Help You Do (Almost) Everything Better [Sandra Blakeslee, Matthew Blakeslee] on .Buy The Body Has a Mind of Its Own: How Body Maps in Your Brain Help You Do (Almost) Everything Better on ? FREE SHIPPING on qualified Listen to The Body Has a Mind of Its Own: How Body Maps in Your Brain Help You Do (Almost) Everything Better audiobook by Matthew Blakeslee, Sandra The Body Has a Mind of Its Own explains how you can tap into the power of body maps to do almost anything better: play tennis, strum a guitar, ride a horse, The Body Has a Mind of Its Own: How Body Maps in Your Brain Help You Do .. I cant say I will be a better runner or be able to almost anything better from The Body Has a Mind of Its Own. How Body Maps in Your Brain Help You Do (Almost) Everything Better. How Body Maps in Your Brain Help You Do (Almost) The Body Has a Mind of Its Own: How Body Maps in Your Brain Help You Do (Almost) Everything Better (Hardcover) [-Matthew Blakeslee & Sandra Blakeslee-] Has a Mind of Its Own: How Body Maps Help You Do (Almost) Anything Better of how your brain interacts with your body, the space around your body, and

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